

May 25, 2017

Having long been a curious supporter of "non western" medicine , I was much blessed to have found Dr. Zhu and New Harmony Integrated Medicine. I and my loved ones have been patients in this most caring of medical practices since 2013. Though none of us are medical professionals ourselves, we wished to speak on our experiences within Dr. Zhu's care in the hopes that it would encourage others to think " outside the box" when searching for more body and mind friendly alternatives when it comes to their medical care.

I and my family have sought treatment via Dr Zhu's Acupuncture and Traditional Chinese Medicine for shoulder and neck pain , chronic headaches, tendonitis, asthma , weight management , symptoms of general stress, and severe panic and anxiety attacks. All of which are either cured or kept in a well manageable state through Dr. Zhu's more than capable mind and hands. We had seen our western medicine PCP and their solution for our ailments was more testing, more appointments, and more chemical medicines with side effects far worse than our original sicknesses. We discussed moving forward with "alternative" medicine and were happy to have received our PCP's blessing to schedule an appointment with Dr Zhu. Many years into our journey with Chinese Medicine, and our PCP is still supportive of our treatments with Dr. Zhu and has in some cases recommended that he treat us for particular ailments as western medicine's solution was going to yield unacceptable results for us. We have done so and been nothing but extremely pleased with the results.

At the conclusion of our first treatment at New Harmony, we could feel that we were on the road to overall wellness. Immediately, I felt much less panicked and had less pain in my neck. My other family members felt much calmer and had significantly less pain. In short, we were amazed. Many years down the road now, and Dr. Zhu continues to care for us as only he can , amaze us , heal us, and keep us well so we can get the most out of our lives. His knowledge of the body's systems and their reactions to the Acupuncture as well as his unbelievable command of Chinese Herbal Medicine is quite simply, nothing short of incredible.

So often, we in the West look at Eastern or "alternative" medicine as a last resort. In my family's opinion, ALL Medicine and it's capabilities should be explored and embraced from the very beginning of symptoms. It is our hope that all physicians and practitioners will eventually work together seamlessly in order to do what they have pledged to do..... HEAL. In the case of Dr. Zhu and New Harmony Integrated Medicine, we would like everyone to know that never have we experienced more caring, comprehensive, and knowledgeable care than we have while in Dr Zhu's capable hands. He and " his Medicine" truly has changed our lives for the better.

In closing, we wholeheartedly and with confidence recommend he and his practice without any personal or professional reservations whatsoever. We urge you to trust him, and in our opinion if you do, you will not regret it.

Kindest Regards,

Amanda Mc Gregor and Family